

HOW WOMEN LEAD PRESENTS

# WOMEN'S BOARD RETREAT

FOR CURRENT & ASPIRING CORPORATE BOARD LEADERS

SAN MIGUEL DE ALLENDE, MEXICO | NOVEMBER 9-15, 2025

**INSPIRATION, CONNECTION, IMPACT, FRIENDSHIP**

HOW WOMEN LEAD: MEXICO 2025



## THIS RETREAT IS FOR WOMEN WHO...

Want to step into or expand their corporate board leadership

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Seek connection, meaning and community with a select group of high-performing women

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Are eager to gain insight & inspiration from Mexican women and culture

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# WHY TRAVEL WITH HWL?

- Carefully curated group of women from our powerful network involved or interested in corporate board service (max 15)
- Our relationships with Mexican women and their unique perspectives shape our itinerary, offering authentic cultural insights and experiences
- Exclusive behind-the-scenes experiences



## RETREAT OUTCOMES:

Leave Mexico renewed, refreshed with an enhanced outlook for your board career and life

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Gain a new sisterhood of women that will support you personally & professionally for years to come

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Discover insights into your leadership strengths & what makes you shine

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# A TASTE OF MEXICO FROM A WOMAN'S PERSPECTIVE



- A day in Guanajuato (UNESCO HERITAGE SITE) an amazingly colorful and historically significant city that was the start of the Mexican Independence movement
- Walking historical tours of San Miguel including Street Art Mural tour
- Visit and tour the Mercado de Artesanías, featuring Mexican crafts and foods sold by hundreds of small shopkeepers
- Explore the history and fabulous art galleries in the Fabrica de Aurora
- Explore and support microlending solutions for women entrepreneurs

# Itinerary 2025

	Nov 9	Nov 10	Nov 11	Nov 12	Nov 13	Nov 14	Nov 15
MORNING		Bus to San Miguel & hotel for nights 2-5	Walking historical tour of San Miguel	Street Art Mural walking tour  Fabrica de Aurora Tour	El Charco Botanical Gardens walking tour	Atotonilco Sanctuary, (UNESCO Heritage Site) & Catrina face painting	Transportation to to BJX airport Flight to final destination
AFTERNOON	Travel to MEX (Mexico City) Mexico	Group lunch  Tour of <u>Chapel of Jimmy Ray</u> *	Group lunch in Centro  Mercado de Artesanías Tour & Shopping	Lunch on own Fabrica de Aurora  Optional Activity or Free Time	Group Lunch Women's microlending businesses Peer Discussions Optional Activity or Free Time	Bus to Guanajuato & tour Guanajuato	
EVENING	Arrival @ MEX Tansportation to nearby hotel Group Dinner	Group Dinner	Group Dinner	Group Dinner	Dinner on Own	Farewell Reception and Group Dinner	

Itinerary is representative and individual elements are subject to availability. Each day includes curated group discussions to yield insights into your board goals and personal growth, interwoven with cultural activities.



# ACCOMMODATIONS

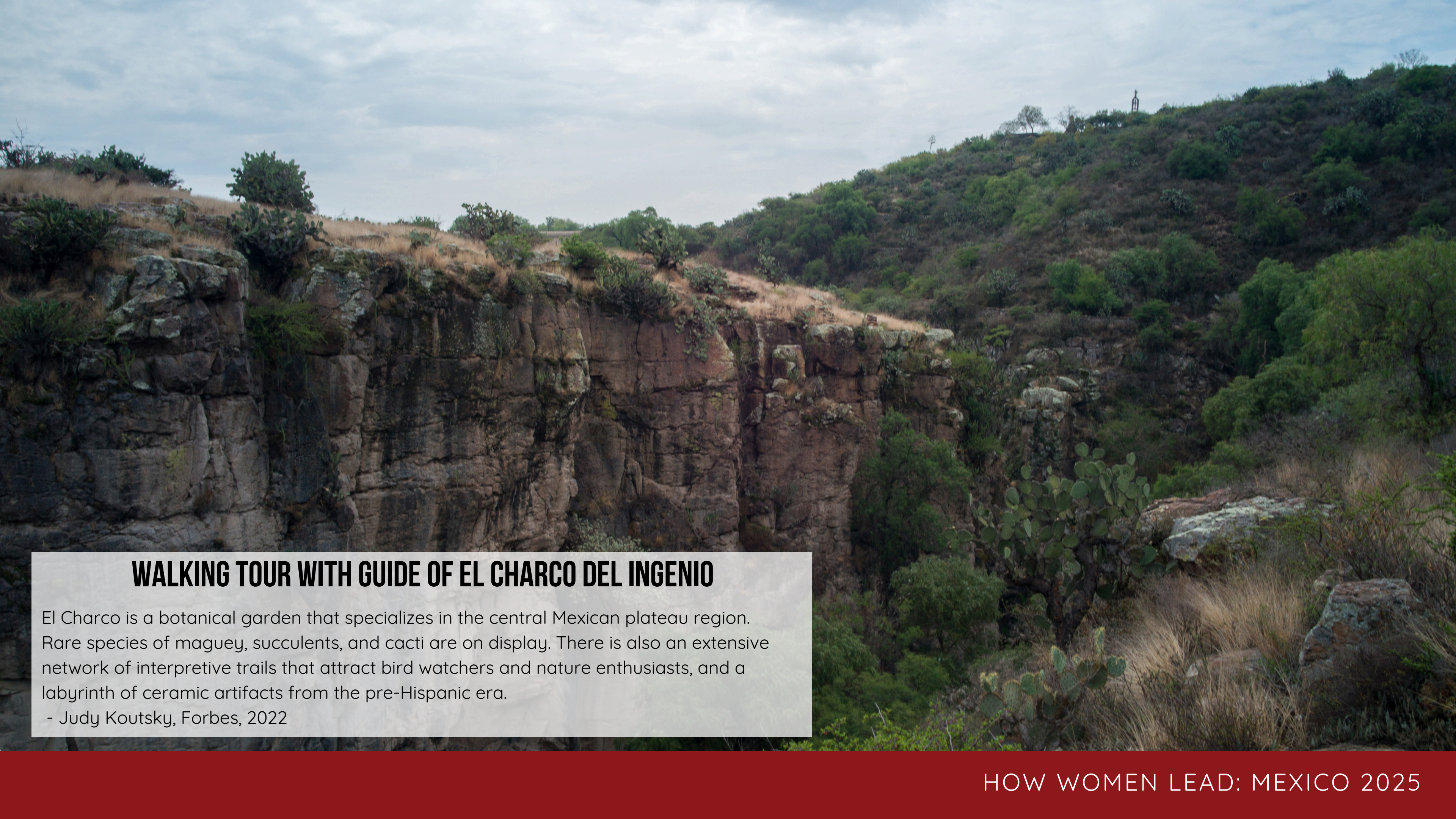
We choose comfortable, refined hotels where relaxation can be your priority  
Single or double occupancy available

# SAN MIGUEL DE ALLENDE

Founded in the 16th century, San Miguel de Allende is known for old world charm and first world amenities. A lively nightlife and abundance of fine restaurants give the mid-sized town a cosmopolitan vibrancy. The center of town is a time capsule of cobblestone streets lined with jewel tone colonial facades and stone colonnades, and overshadowed by La Parroquia, an immense neo-gothic church of pink stone. Nearby day trips include hot springs, high desert hikes, and the Jesuit Sanctuary of Atotonilco, famous for its murals of angels and demons and over-the-top Mexican Baroque interior.

—Felisa Rogers, National Geographic San Miguel De Allende Travel Guide





## WALKING TOUR WITH GUIDE OF EL CHARCO DEL INGENIO

El Charco is a botanical garden that specializes in the central Mexican plateau region. Rare species of maguey, succulents, and cacti are on display. There is also an extensive network of interpretive trails that attract bird watchers and nature enthusiasts, and a labyrinth of ceramic artifacts from the pre-Hispanic era.

- Judy Koutsky, Forbes, 2022

# ARTS & CULTURE

Immerse yourself in San Miguel de Allende's rich culture and history by exploring the vibrant Mercado de Artesanías and discovering Fabrica de Aurora's fascinating art galleries. Enjoy a guided tour of El Charco's unique cactus gardens and experience the mesmerizing mosaic art at the Chapel of Jimmy Ray to truly appreciate the region's artistic heritage and natural beauty. .





# *Retreat Cost:*

## *\$5,000 / \$5,500*

**DOUBLE** **SINGLE**

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### **INCLUDES:**

- Expert guides with deep knowledge and broad connections in Mexico
- Deep connection with women directors
- Exploration of your vision, superpower, and your legacy of impact
- Hotel, travel within Mexico, and most meals
- Donation to Mano Amigas, a micro-lending org supporting women
- All planned special excursions

### **DOES NOT INCLUDE:**

- Spa treatments
- Alcohol beyond 1 for dinner
- Airfare to & from Mexico
- Tips
- Personal health and trip cancellation insurances

# LOGISTICS & NEXT STEPS

- Register [HERE](#)
- 50% nonrefundable deposit to save your spot (transferable to replacement you provide if you are unable to attend)
- 50% balance due 6 weeks before departure
- Passport should be valid for 6 months post trip
- Airline reservations should be made once confirmation of participants is complete (May 1 estimated)

QUESTIONS?

Liz Mabey [elizabeth@howwomenlead.com](mailto:elizabeth@howwomenlead.com)



# TRIP LEADERS

"My passion is helping senior executive women navigate their road to the boardroom, and this trip gives us a unique opportunity to discuss our aspirations in detail...in a location rich with creativity and beauty. Having been a frequent visitor to San Miguel for the last 20 years, I'm so delighted to share some of my favorite experiences in this amazing, magical city."

Nancy Sheppard  
Founder & CEO, Women2Boards  
Designer and Facilitator, HWL Corporate Board Readiness Program

"I can't wait to explore and connect with you in this unique and vibrant area of Mexico. I've been leading these retreats since 2017, and it has been magical to witness everyone coming out of these with deep friendships and transformational experiences."

Julie Castro Abrams  
Founder & CEO, How Women Lead  
Managing Partner, How Women Invest



